



# Shagririm Balev

## Everyone Can Make a Match

ALEEZA BEN SHALOM | Jewish Matchmaking



לעילוי נשמת  
מאיר יצחק בן יוסף אליהו הכהן ז"ל

## Can I Set Up the Guy I Used to Date?

### Naomi asks:

Hey, love your column! Weird question, but how can I contact someone I dated to set him up with a friend of mine? I feel so awkward, but I think it can be a match!

### Aleeza answers:

The good news, this situation is usually far less awkward than we make it in our heads.

If you dated respectfully, and ended respectfully, there's nothing strange about reaching out. In fact, I'd consider it a compliment. You're essentially saying, "I don't think we're the right match, but I think highly enough of you that I'd introduce you to someone I care about."

That's a wonderful message to send.

If you're still feeling awkward, here are five ways to make it easier.

### 1. REMEMBER THAT YOU'RE OFFERING, NOT IMPOSING.

You're not asking him to marry your friend. You're simply asking whether he'd be open to hearing about someone you think could be a good fit. One introduction. That's all.

### 2. KEEP THE MESSAGE SHORT.

Don't over-explain or apologize for reaching out. A simple message works best: "Hi! I know this is a little unexpected, but someone came to mind that I think you might really enjoy meeting. If you're open, I'd love to tell you about her." That's it.

### 3. LEAVE THE PAST IN THE PAST.

There's no need to revisit your dating history together or explain why the two of you didn't work out. The conversation isn't about your relationship. It's about a possible new one.

### 4. CHECK YOUR MOTIVATION.

Ask yourself whether you're making the suggestion because you genuinely see compatibility or because you're trying to resolve unfinished feelings. If your only goal is to help two good people meet, you're on solid ground.

### 5. ACCEPT THAT "NO" IS A PERFECTLY GOOD ANSWER.

He may say yes. He may say no. He may already be dating someone. None of those responses make your outreach embarrassing. You offered an opportunity with kindness, and that's something to feel good about.

One of the things I love most about match-making is that it reminds us dating isn't just



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about finding our person. It's about building a community where introductions are normal, and people are looking out for one another.

So if your instinct is telling you they'd make a good match, embrace the awkwardness. Some of the best relationships begin because someone was willing to send one slightly uncomfortable text.

May Hashem give you the courage to make thoughtful introductions, and the joy of seeing your kindness become the beginning of someone's love story.

Blessings,  
Aleeza. ■

♥

**Want to set up your friends?  
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Founded in Israel in 2019 and led by Rav Rimon, **Shagririm Balev** - a social online matchmaking initiative - has taken the dating scene by storm. With over 10,000 candidates and 3,000 Ambassadors, in Israel and the US, Shagririm Balev is averaging a Wedding every 2 days!

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