



לעילוי נשמת  
 מאיר יצחק בן יוסף אליהו הכהן ז"ל

# Too Nerdy to Date? Think Again.

**Gidon asks:** I have a candidate that keeps getting declined because he's "too nerdy". How can I help him?

**Aleeza answers:**

As a matchmaker, I've met many singles who get labeled as "nerdy." Sometimes they're highly intellectual. Sometimes they're passionate about niche interests. Sometimes they just don't have the smooth social skills that make a great first impression.

However, being nerdy is not the problem.

As we know many people who are considered nerdy make phenomenal spouses.

They're thoughtful, loyal, curious, dependable, and often deeply committed.

The challenge for them is often dating. If someone struggles to connect, communicate, or shows too much of their personality too fast, others may never stick around long enough to discover what makes them special.

If you're trying to help a single man who comes across as nerdy, here are five ways to support him.

## 1. HELP HIM PRESENT WELL

First, figure out what you're actually seeing.

Is he genuinely awkward? Or is he simply passionate about topics that aren't universally interesting?

There is a difference.

Someone who loves coding, chess, science fiction, or history doesn't need to change who he is. But if he spends forty-five minutes explaining the technical details of his hobby without noticing his date has checked out, that's a presentation and connection issue, not a personality issue.

Help him understand that dating isn't about hiding his interests. It's about sharing them in a way that invites someone into the conversation. And remind him that conversations need to be balanced and he should talk only 50% of the time. This leads us to point number two.

## 2. TEACH CURIOSITY, NOT PERFORMANCE

Many nerdy singles think the goal of a date is to prove how smart they are. It's not. The goal is connection. Encourage him to spend as much time asking questions as answering them. A great conversation feels like tennis, not a lecture. When he becomes genuinely

curious about the person sitting across from him, the interaction becomes warmer, lighter, and more engaging. Make sure he's asking questions about topics she will be interested in and that he tries to relate to what she said instead of going off on a tangent about a topic that she has no interest in.

### 3. PRACTICE SOCIAL SKILLS LIKE ANY OTHER SKILL

The good news is that social skills can be learned. If someone can master complex systems, learn programming languages, or memorize endless facts, they can absolutely learn better eye contact, active listening, storytelling, and conversational flow.

Help him practice. Coach him the same way you'd coach someone learning a new sport or instrument.

If you're not the right one to help him, find someone to refer him to so he can practice this new language of connection.

### 4. HELP HIM FIND HIS PEOPLE

Some women love intelligent, thoughtful, analytical men. Introduce him to the people who naturally appreciate what he already brings to the table. Avoid setting him up with the girls who want a "cool" guy.

### 5. KNOW WHEN TO ACCEPT HIM AS HE IS.

This may be the most important tip. If his habits are preventing connection, coach him.

If his quirks are simply part of who he is, accept him. Not every rough edge needs sanding down. Not every unusual interest needs fixing. Sometimes the very thing that makes someone different is exactly what their future spouse will love most.

Your job isn't to turn him into someone else. Your job is to help him become the most relatable version of himself.

May you have the wisdom to know the difference between helping someone grow and helping them be appreciated for who they are.

Blessings,  
Alezea. ■

Want to set up your friends?  
Become their ambassador -  
join Shagririm Balev!



en.shagririm.org.il  
0585323242



Founded in Israel in 2019 and led by Rav Rimon, **Shagririm Balev** - a social online matchmaking initiative - has taken the dating scene by storm. With over 10,000 candidates and 3,000 Ambassadors, in Israel and the US, Shagririm Balev is averaging a Wedding every 2 days!

לבינסון רז ושות'  
משרד עורכי דין ונוטריון  
ewensohn Raz & Co.  
Law Offices & Notary

Estates, Probate,  
and Inheritances\*

Real Estate  
Transactions

Tama 38 and Renovation  
Construction Projects

\* Durable Powers of Attorney for Health and Financial Matters



Moshe Raz,  
Adv. & Notary

27 Keren Ha'Yesod St., Jerusalem | 02-6731000 | 054-6380149 | office@lawlr.co.il | www.lawlr.co.il