



Trusting Instead of Judging

לעילוי נשמת
 מאיר יצחק בן יוסף אצליהו הכהן ז"ל

Somewhere along the shidduch journey, we sometimes allow a damaging story to take hold.

As a society, we might believe that if someone is still single, they must be *too picky*.

If someone hasn't married yet, they probably *haven't worked on themselves enough*.

If someone married young, it must be because they were more mature, more ready, more emotionally healthy.

But let's be honest - with kindness and with truth: that story simply isn't accurate.

We all know people who married young who are stunning and people who married young who aren't. People who are easygoing and people who are very difficult. People who were deeply emotionally aware, and people who were still quite childish. They didn't "earn" marriage by being better. They were *blessed*. Hashem opened that door early for them.

And many of the people who have been single for years? They've done *so much work*. More reflection. More growth. More self-awareness. More humility. More courage. More tefillah. They have sat in discomfort, faced rejection, invested in therapy and coaching, learned communication skills, healed wounds, and kept their hearts open - again and again.

Therapy and coaching are incredible tools, and yes, we encourage everyone to use them, single or married. But getting married early is not proof of superior emotional health. And staying single longer is not proof that something is "wrong."

Shidduchim are not a merit badge.

They are not a personality test.

They are not a reward for good behavior.

Hashem makes shidduchim.

Full stop.

Hashem can choose different paths for different souls. Some are given an easier road to building a home. Others are chosen for a far more challenging journey - one that requires

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strength, patience, and faith that others can't even imagine.

So instead of judging, hinting, diagnosing, or offering unsolicited "advice," here's what to do:

Be there.

Give chizuk.

Speak with respect.

And most importantly: *set them up*

Not as a favor.

Not as pity.

But as partners with Hashem in helping another Jew build a bayit ne'eman b'Yisrael.

Because the greatest measure of our character isn't how quickly we got married, but how we show up for others while they're still waiting. ■

**Want to set up your friends?
Become their ambassador -
join Shagririm Balev!**



en.shagririm.org.il
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Founded in Israel in 2019 and led by Rav Rimon, **Shagririm Balev** - a social online matchmaking initiative - has taken the dating scene by storm. With over 10,000 candidates and 3,000 Ambassadors, in Israel and the US, Shagririm Balev is averaging a Wedding every 2 days!

Jonathan Rosenblum, DPM

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