



# “When Comfort Feels Empty: Walking Beside a Friend Who’s Still Waiting”

לעילוי נשמת  
 מאיר יצחק בן יוסף אליהו הכהן ז"ל

**Noga asks:**

Aleeza, I have a dear friend who’s been searching for her soulmate for over ten years. She’s had several relationships that seemed promising, but each time, the man ended it. I’ve stood by her side through it all, but now I feel lost. I don’t know what to say anymore. The usual comforting words feel like clichés, and I can see they don’t reach her heart. How can I really support her now?

**Aleeza answers:**

You’re not only describing your friend’s pain, you’re describing the ache of loving

someone who’s hurting and feeling helpless to make it better. That’s such a holy place to be in, even though it doesn’t feel that way.

When someone has been waiting for so long, words often lose their meaning. “It will happen,” “You just need faith,” “The right one is coming” these phrases, while true, can land flat when the waiting has stretched for years. Sometimes, the most powerful comfort is presence, not pep talks.

This is how Hashem created the world: there are moments for action, and moments for simply *being*. In this case, your presence, your consistency, your belief in her even when she struggles to believe herself can be the light she needs most. You don’t need to fix her story; you just need to hold space for it.

You might say something gentle, like: “*I can’t imagine how hard this must feel after so many years, but I still believe in your story, and I’m here for you and with you.*” Those words don’t promise a timeline, but they reaffirm love and hope without pressure.

And privately, keep davening for her. Sometimes the best help we can offer is whispered tefillah, asking Hashem to open the gates of

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mercy and timing. We don't know why her yes hasn't arrived yet, but we do know this: *Hashem hasn't forgotten her*. He's weaving something unseen, something that will make sense only when it unfolds.

Every year, every heartbreak is not wasted it's shaping her vessel for the right love. So keep standing by her, gently reminding her (and yourself): *She's not behind. She's exactly where she needs to be*.

May she find the one and may it be this year.

Aleeza ■

♥

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