



When the Heart Connects but the Eyes Hesitate

לעילוי נשמת
מאיר יצחק בן יוסף אליהו הכהן ז"ל

Daniel asks:

Aleeza, my candidate, often faces this situation. I would love to hear your advice. What do you do when there's a really good connection between two people, but one side just doesn't feel physically attracted to the other? Personality-wise it's a great match, they get along, share values, and feel comfortable, but the attraction just isn't there. Should they keep trying or move on?

Aleeza answers:

This is one of the most common and delicate questions I hear, and I understand why it's so confusing. When the heart says yes but the eyes say *I'm not sure*, it creates an emotional tug-of-war. You don't want to

force something that isn't there, but you also don't want to walk away from something that could grow into something beautiful.

There are many kinds of attractions. Some people feel instant chemistry; others develop attraction over time, as emotional connection deepens. Both paths are possible. The question is not "*Am I attracted right now?*" but "*Is the attraction growing more or less over time?*"

Physical connection matters, it's part of building a marriage, but it doesn't need to be fireworks from the first moment. Sometimes, when we feel safe, respected, and emotionally seen, our heart starts to open, and what once saw as neutral begins to look beautiful. I've seen it happen often: the person who didn't "fit the picture" at first becomes the person you can't imagine life without.

At the same time, we don't want to deny reality. If after several dates, you feel absolutely nothing, not even warmth, comfort, or curiosity, that may be Hashem's way of saying this isn't your match. But before deciding, give it a fair chance. See the person in different settings. Notice how you feel *around* them and notice if how they look shifts slightly for the good after a date. Sometimes, attraction hides behind friendship

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And if you're the one who feels rejected please know it's not about your worth or beauty. Everyone has their own "match of the eyes" just as they have a "match of the soul."

Sometimes a match will shift and you'll see and feel something you didn't feel at first. Other times someone will just feel like a good friend with no romantic potential. An extra date or few will help you to know the difference.

May you have patience through the process and you come to clarify.

Aleeza ■

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