



RABBI SHALOM

ROSNER

RAV KEHILLA, NOFEI HASHEMESH
MAGGID SHIUR, DAF YOMI, OU.ORG
ROSH BAIS MEDRASH ENGLISH SPEAKING PROGRAM MACHON LEV

Sarah – A Youthful Adult

וַיְהִי חַיֵּי שָׂרָה מֵאָה שָׁנָה וְעֶשְׂרִים שָׁנָה וְשִׁבְעַת שָׁנִים
שְׁנֵי חַיֵּי שָׂרָה:

Sarah's lifetime was one hundred years and twenty years and seven years; these were the years of Sarah's life. (Bereishit 23:1)

Many commentators notice the unusual repetition of the word שָׁנָה (*years*) after each number in this verse. Rashi explains that the Torah emphasizes each stage of Sarah's age to teach us something unique.

At one hundred, Sarah was as free of sin as a twenty-year-old — for until that age, one is not subject to Heavenly punishment.

At twenty, she was as beautiful as a seven-year-old child.

In other words, Sarah's life was not merely measured in years, but in qualities that

transcended time.

THE RAV'S PERSPECTIVE – MULTIPLE LIVES AT ONCE

Rav Yosef Dov Soloveitchik (Masoret HaRav) offers a different insight. The



Rav Joseph B. Soloveitchik zt"l

phrase שְׁנֵי חַיֵּי שָׂרָה (“the years of Sarah's life”) can be read as “the *lives* of Sarah.” Sarah simultaneously embodied the traits of a mature adult, a vibrant young woman, and an innocent child.

Biologically, youth fades. But spiritually, one can experience the vigor of youth and the wisdom of age at the same time. Sarah never became complacent. Despite her years and experiences, she remained agile, adaptable, and full of unwavering faith.

YEHOSHUA – FOREVER A LAD

We see a similar theme with Yehoshua. The Torah describes him:

וּמִשְׁפַּרְתּוֹ יְהוֹשֻׁעַ בֶּרֶנּוֹן נָעַר לֹא יָמִישׁ מִתּוֹךְ הָאֹהֶל:

“His attendant, Yehoshua son of Nun, a lad, would not depart from the tent.” (Shemot 33:11)

Yet Yehoshua was no child at this point! If he died at 110, after leading Israel in 14 years of conquest and 40 years in the desert, he must have been in his mid-50s when called

Don't wait till the end of the year when premiums will rise
Get details now on Private Medical Cover for Critical Health Issues

normanz@shaham.co.il
054-4258671
Norman Zysbiat
Licensed Insurance Professional

a *na'ar* (“lad”). Why? Because he lived with youthful eagerness — always learning, always serving, always striving for more.

AVRAHAM'S COIN

– YOUTH AND AGE TOGETHER

The Talmud teaches:

ואיזהו מטבע של אברהם אבינו - זקן וזקינה מצד אחד, ובחור ובתולה מצד אחר (Bava Kama 97b)
What was the image on Avraham's coin? An old man and woman on one side, and a young boy and girl on the other.

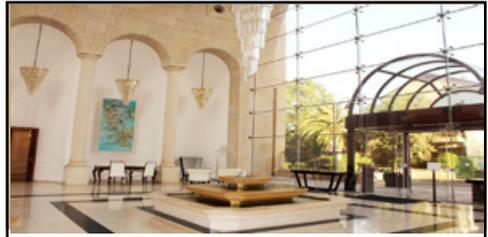
Avraham and Sarah integrated both dimensions — the maturity of age with the freshness of youth.

A TIMELESS LESSON

Sarah teaches us that true greatness is not about clinging to youth or resigning to age. It is about weaving them together: the innocence of a child, the passion of a young adult, and the wisdom of maturity.

As the saying goes: *“You don't stop having fun when you get old; you get old when you stop having fun.”*

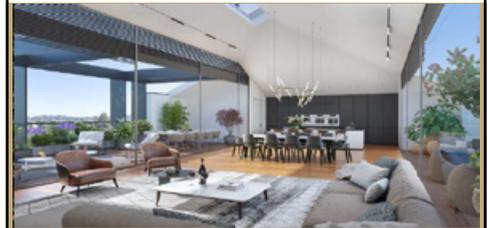
May we, like Sarah and Yehoshua, nurture within ourselves the faith of a child, the excitement of youth, and the resilience of age. If we carry all three “lives” at once, then no matter our years, we remain eternally young in spirit — growing, learning, and shining at every stage of life. ■



Close to Rechavia, luxurious apt in Jerusalem of Gold residence, 165 sqm on one level, Sukkah terraces, views, doorman, pool, gym



Sumptuous Garden apt 230 sqm in Talbich, 150 sqm private garden, enjoy 5-star hotel facilities. Ready to move in



Unique Penthouse in quiet Old Katamon, 376 sqm with 64 Sukkah terrace, spectacular views, spacious layout built to top standards



Two apts for long-term rental in the luxurious Dubnov 1 residence Talbich, from 153 sqm to 270 sqm, sukkah terraces, luxurious lobby, doorman

Arthur Samuels, DPM



PODIATRIST

Over 30 years experience

Licensed in Israel
& America

053-427-6363

ArthurMSamuels@gmail.com

CINEMA CITY MALL, JERUSALEM

T&T INVESTMENTS

Deborah Touitou +972-54-480-4767
www.real-estate-jerusalem.co.il
deborah@realestatejerusalem.co.il

