



Shagririm Balev

Everyone Can Make a Match

ALEEZA BEN SHALOM | Jewish Matchmaking



לעילוי נשמת
מאיר יצחק בן יוסף אליהו הכהן ז"ל

Finding Your 'Type'

Ronit asks:

How can I let go of the mindset that only a certain type of guy is right for me? I feel like it's blocking me from many opportunities, but when someone suggests a guy who isn't exactly my style, I'm not willing to meet him. My heart isn't open to it, even though my

mind knows it's time to let go.

You described what so many people feel. Many people experience this when their "type" doesn't seem to match what life is offering them. I want to reframe this for you: your "type" could be who you find, but since that's not working at the moment your type is limiting your options. It feels safe and familiar, like a road you've walked before. But sometimes Hashem wants to show us something new. Sometimes the blessing we're meant to receive comes in packaging that doesn't look like what we desired or expected.

And it's certainly possible to find what you're looking for as well. But since we don't know who he is and since what you're doing currently isn't yielding the results you'd like I can see why you're desiring to expand your search at this point.

Letting go of a fixed mindset about the "right" type of guy can be a profound journey.

In Torah, we see this again and again. Avraham Avinu left everything he knew because Hashem asked him to. His blessing didn't come from staying in his comfort zone, but from being willing to walk into the unknown. Dating is not just about finding someone it's about building something. And building requires flexibility, curiosity, and trust.

So how do we open the heart when it feels closed? First, I encourage you to shift the question from "Is he my style?" to "Could I see areas of potential with this person?" Think about qualities like kindness, faith, resilience,

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and growth-mindedness. Those are the real building blocks of a bayit ne'eman.

Second, give yourself permission to meet someone just for curiosity, not commitment. Say to yourself: "I'm just gathering information. I don't need to decide anything yet." That softens the pressure and makes space for the heart to breathe. It allows for a date and for first impressions, which may surprise you.

And third, It's essential to recognize that our perceptions of compatibility can sometimes be more limiting than liberating.

So maybe the next time someone suggests a name, pause before you answer. Ask yourself: What if Hashem's blessing is hidden here? What if this is the opportunity I've been praying for, but I just can't see it?

May you find the courage to open your heart a little wider, the strength to try even when it feels uncomfortable, and the joy of discovering that Hashem's plans are always better than our own.

Blessings, Aleeza ■

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Founded in Israel in 2019 and led by Rav Rimon, **Shagririm Balev** - a social online matchmaking initiative - has taken the dating scene by storm. With over 10,000 candidates and 3,000 Ambassadors, in Israel and the US, Shagririm Balev is averaging a Wedding every 2 days!

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